

# Snoqualmie Valley Schools

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Feb 1, 2012 thru Feb 29, 2012 Spreadsheet - Weighted  
Values

Feb 1, 2012

## SNOQUALMIE VALLEY-EL LUN

	Portion Size	Carb (g)
Wed - 02/01/2012		
SNOQUALMIE VALLEY-EL	Total	
SCRAMBLED EGGS ham/cheese	2 EGG SERVING	1.76
Cheese 1/2 Sand & soup tom	1 serving	10.42
Roast Vegetable Soup	12 oz	2.48
Bagel Sarah Lee w/ CRCH ELEM	1 each	4.0
TATOR TOTS	1/2 cup	16.57
MILK, ASSORTED	1 CUP	19.97
SALAD BAR BASIC	3 oz	29.44
Weighted Daily Average		84.65
% of Calories		51.4%

Thu - 02/02/2012		
SNOQUALMIE VALLEY-EL	Total	
MACARONI AND CHEESE	1 cup	28.14
RIBQ sandwich on hoagie roll	EACH	3.05
Bagel Sarah Lee w/ CRCH ELEM	1 each	8.01
CHILI & CHEESE FSA 16oz	1 EACH	35.71
POTATO CHIPS-PLAIN	1 EA	13.04
SALAD BAR BASIC	3 oz	28.16
MILK, ASSORTED	1 CUP	19.97
Weighted Daily Average		136.08
% of Calories		35.4%

Fri - 02/03/2012		
SNOQUALMIE VALLEY-EL	Total	
pizza, 4 x 6 Tony's	1 slice	22.28
PEPPERONI PIZZA	PIECES	10.0
Ivars clam chowder	1 cup	1.96
Bagel	1 each	4.1
ICE JUICE BAR MINUT-MADE ALL F	EACH	14.38
MILK, ASSORTED	1 CUP	19.97
SALAD BAR BASIC	3 oz	30.08
Weighted Daily Average		102.76
% of Calories		55.9%

Mon - 02/06/2012		
SNOQUALMIE VALLEY-EL	Total	
corn dog	1 ea	15.36
CHEF'S SALAD-ELEMEN	1 salad	1.3
brocc chees soup Chef Francisc	12 oz	3.07
Bagel Sarah Lee w/ CRCH ELEM	1 each	12.01
FRUIT COCKTAIL:canned,lt syrup	1/2 cup	15.05
MILK, ASSORTED	1 CUP	20.39
SALAD BAR BASIC	3 oz	28.16
Weighted Daily Average		95.35
% of Calories		59.1%

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient

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## SNOQUALMIE VALLEY-EL LUN

	Portion Size	Carb (g)
Tue - 02/07/2012		
SNOQUALMIE VALLEY-EL	Total	
CHICK PATTY WW HB bun	1 each	16.86
Chicken nuggets commodity	5 nuggets	4.63
Bagel Sarah Lee w/ CRCH ELEM	1 each	4.0
Campbell's Chix Noodle soup 12	12 oz	0.87
Potato wedges	1/2 cup	24.57
MILK, ASSORTED	1 CUP	19.97
SALAD BAR BASIC	3 oz	30.08
CONDIMENTS (wburgers)	1 OZ	5.89
Weighted Daily Average		106.87
% of Calories		58.9%

Wed - 02/08/2012		
SNOQUALMIE VALLEY-EL	Total	
French toast, Wms Valley	3.25 oz.	14.79
PANCAKES,4" ELEM , KRUSTEAZE	SERVING	9.75
Bagel Sarah Lee w/ CRCH ELEM	1 each	8.01
Wild rice cream chicken soup	each	3.25
bacon 1slice	1slices	0.11
SALAD BAR BASIC	3 oz	30.08
MILK, ASSORTED	1 CUP	19.97
PANCAKE syrup elemntary	1 oz portions	7.26
Weighted Daily Average		93.22
% of Calories		61.1%

Thu - 02/09/2012		
SNOQUALMIE VALLEY-EL	Total	
TURKEY SUPREMN GRAVY W MASHERS	1 C	21.47
CHEF'S SALAD-ELEMEN	1 salad	2.6
Bagel Sarah Lee w/ CRCH ELEM	1 each	8.01
CHILI & CHEESE FSA 12	1 EACH	2.24
GREEN BEANS: canned,cooked	.5 cup	5.95
MILK, ASSORTED	1 CUP	19.54
SALAD BAR BASIC	3 oz	30.08
Weighted Daily Average		89.89
% of Calories		57.7%

Fri - 02/10/2012		
SNOQUALMIE VALLEY-EL	Total	
NACHOS W/ CHEESE ELEMENTARY	SERVINGS	16.47
NACHOS W/ GRD BEEF ELEMENTARY	SERVINGS	8.57
Bagel	1 each	4.1
Ivars clam chowder	1 cup	1.96
REFRIED BEANS	1/3 CUP	11.93
MILK, ASSORTED	1 CUP	0.02
SALAD BAR BASIC	3 oz	30.08
Weighted Daily Average		73.14
% of Calories		55.1%

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## SNOQUALMIE VALLEY-EL LUN

	Portion Size	Carb (g)
Mon - 02/13/2012		
SNOQUALMIE VALLEY-EL	Total	
Edible Chili Bowl	each	34.06
TACO SALAD ELEMENTARY	SERVINGS	3.15
Bagel ARNIE(3ozSL)	1 each	6.15
Tomato soup, Campbell's 12OZ	each	2.03
ice cream cup	1 each	13.46
SALAD BAR BASIC	3 oz	29.44
MILK, ASSORTED	1 CUP	19.54
Weighted Daily Average		107.83
% of Calories		46.2%

Tue - 02/14/2012		
SNOQUALMIE VALLEY-EL	Total	
CHEESEBURGER ON WW bun	1 EACH	11.43
hoagie turkey	1 sandwich	17.4
Bagel Sarah Lee w/ CRCH ELEM	1 each	4.0
Campbell's Chix Noodle soup 12	12 oz	0.87
COOKIE-ELEM LUNCH	1 EA	7.89
MILK, ASSORTED	1 CUP	19.97
SALAD BAR BASIC	3 oz	30.08
CONDIMENTS (wburgers)	1 OZ	5.89
Weighted Daily Average		97.55
% of Calories		53.0%

Wed - 02/15/2012		
SNOQUALMIE VALLEY-EL	Total	
WAFFLE STICKS ELEMENTARY KRUST	3 EACH	12.5
COMBO BAR-HAM,EGG,CHEESE	EACH	3.0
Roast Vegetable Soup	12 oz	2.48
Bagel Sarah Lee w/ CRCH ELEM	1 each	4.0
sausage links	2 ea	0.0
MILK, ASSORTED	1 CUP	19.97
SALAD BAR BASIC	3 oz	29.44
SYRUP,PANCAKE	1 TBSP	5.03
Weighted Daily Average		76.42
% of Calories		45.9%

Thu - 02/16/2012		
SNOQUALMIE VALLEY-EL	Total	
FRENCH DIP ELEMENTARY	EACH	26.27
RIBQ sandwich on hoagie roll	EACH	3.05
Bagel Sarah Lee w/ CRCH ELEM	1 each	8.01
CHILI & CHEESE FSA elem 8oz	1 EACH	17.05
TATOR TOTS	1/2 cup	15.52
SALAD BAR BASIC	3 oz	28.16
MILK, ASSORTED	1 CUP	19.97
Weighted Daily Average		118.03
% of Calories		44.4%

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Feb 1, 2012

## SNOQUALMIE VALLEY-EL LUN

	Portion Size	Carb (g)
Fri - 02/17/2012		
SNOQUALMIE VALLEY-EL	Total	
pizza, 4 x 6 Tony's	1 slice	22.28
PEPPERONI PIZZA	PIECES	10.0
Ivars clam chowder	1 cup	1.96
Bagel	1 each	4.1
ICE JUICE BAR MINUT-MADE ALL F	EACH	14.38
MILK, ASSORTED	1 CUP	19.97
SALAD BAR BASIC	3 oz	30.08
Weighted Daily Average		102.76
% of Calories		55.9%

Mon - 02/27/2012		
SNOQUALMIE VALLEY-EL	Total	
Chicken nuggets commodity	5 nuggets	5.55
SMUCKERS P B & J 4.8 OZ STRAWBE	EACH	18.67
Bagel Sarah Lee w/ CRCH ELEM	1 each	4.0
brocc chees soup Chef Francisc	12 oz	3.07
Potato wedges, commodity	1/2 cup	16.59
SALAD BAR BASIC	3 oz	28.16
MILK, ASSORTED	1 CUP	20.39
Weighted Daily Average		96.44
% of Calories		52.2%

Tue - 02/28/2012		
SNOQUALMIE VALLEY-EL	Total	
MEATLOAF MASH & GRAV ELEM	EACH	23.06
CAESAR SALAD-s chicken	EACH	1.96
Bagel Sarah Lee w/ CRCH ELEM	1 each	8.01
brocc chees soup Chef Francisc	12 oz	3.07
Peas & CORN	3 oz	12.56
MILK, ASSORTED	1 CUP	19.54
SALAD BAR BASIC	3 oz	30.08
Weighted Daily Average		98.29
% of Calories		55.6%

Wed - 02/29/2012		
SNOQUALMIE VALLEY-EL	Total	
French toast, Wms Valley	3.25 oz.	14.79
PANCAKES,4" ELEM , KRUSTEAZE	SERVING	9.75
Bagel Sarah Lee w/ CRCH ELEM	1 each	8.01
Wild rice cream chicen soup	each	3.25
Sausage patty, Hormel, .75 oz	1 each	0.0
SALAD BAR BASIC	3 oz	30.08
MILK, ASSORTED	1 CUP	19.97
PANCAKE syrup elemntary	1 oz portions	7.26
Weighted Daily Average		93.10
% of Calories		57.6%

Weighted Average		98.27
		51.2%

Nutrient	Menu AVG	% of Cals	Target	% of Target	Miss Data	Shortfall	Error Messages (if any)
Carbohydrate (g)	98.27	51.15%					

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