

School Start Time Advisory Committee



September 14, 2017

Welcome and Introductions!

- Co-Facilitators:
 - Jeff Hogan, Assistant Superintendent – Teaching and Learning
 - Ryan Stokes, Assistant Superintendent – Finance and Operations

Agenda

- Call to order and Welcome
- Introductions
- SSTAC Charge
 - Norms
 - Decision making
 - Meeting Schedule
 - Committee study phases:
 - Information gathering
 - Conduct research and gather input/feedback
 - Consider/develop recommendations
- Committee Communication
- Review SVSD current start and dismissal times
- Lessons learned from other school districts
- Closing comments

Group Norms

- Try to attend all sessions, start and finish on time
- Listen to and show respect for the views of others
 - *Confront issues – not people*
 - *Listen respectfully – avoid cross talk*
 - *All committee members are provided an opportunity to be heard*
- Ask clarifying questions to understand others' point of view
- Treat others in a professional and respectful manner
- Be clear and consistent about messages that are shared with the staff, parents and community

Snoqualmie Valley School District

Strategic Plan

2014-2018

A Five-Year Plan

“5 Years of Aiming Higher”

Prepared by:

Snoqualmie Valley School Board,
District Staff, and
Community Members



Snoqualmie Valley
Public Schools



- **Our Vision:** To become the best school district in Washington State by any measure.
- **Our Mission:** Educate all Snoqualmie Valley children to prepare them for college, career, and citizenship.

Strategic Plan Start Time Initiative:

Complete a K-12 school start time review and initiate planning for any recommendations by the School Start Time Committee.

Target Completion: January 15, 2018 for implementation in fall of 2018



School Start Time Advisory Committee Charge

- *To review the research findings regarding adolescent biorhythms and school success;*
- *To review the experiences of other school districts that have adopted later start and dismissal times or considered doing so but did not;*
- *To identify the implications of later start times and dismissal times for high school programming and activities and for school and district operations;*
- *To implement outreach strategies to gather the thinking of school and community stakeholder groups;*
- *To consider the potential benefits to students, the input received, and the implications of later start and dismissal times;*
- *To determine whether there are feasible solutions to enact later start and dismissal times for secondary schools; and*
- *To submit findings and recommendations to the superintendent for consideration.*

Decision Making Model Recommendation



I can embrace and support the decision



I can support the idea with some reservations (*Will be provided another opportunity to share thinking*)



I cannot support the decision
(*Will be provided another opportunity to share thinking*)

Sufficient Consensus: 60% of committee members in attendance

Tentative Meeting Schedule

September 14

September 28

October 12

October 26

November 9

November 30 (if needed)

December 14 (if needed)

*4:00-5:30 PM Freshman Campus Library

Study Phases

- Information gathering
 - Review research, other district experiences, transportation implications, operational issues, school and community programs, etc...
- Conduct outreach and Gather input/feedback
 - Partnering with Hanover Research
- Consider/develop recommendations



ABOUT HANOVER AND OUR K-12 NETWORK



CUSTOM



Every report tailored to meet a client's unique needs.

EXPERT



200+ analysts with advanced research knowledge.



ACCOUNTABILITY
AND ASSESSMENT

CURRICULUM
AND INSTRUCTION

SPECIAL EDUCATION
AND SERVICES

RESEARCH AND
EVALUATION

SUPERINTENDENT

SSTAC Communications

Carolyn Malcolm- SVSD Public Information Officer

- Web site
- E-News
- Surveys
- Informational meeting(s)

2017-18 SVSD School Start and Dismissal Times

School	MONDAY through THURSDAY				FRIDAY	
	AM Start	MD Dismiss	MD Start	PM Dismiss	AM Start	PM Dismiss
Cascade View ES	9:05 AM			6:20 3:26 PM	9:05 AM	1:26 PM
Timber Ridge ES	9:05 AM			3:26 PM	9:05 AM	1:26 PM
Fall City ES	9:05 AM			3:26 PM	9:05 AM	1:26 PM
North Bend ES	9:05 AM			3:26 PM	9:05 AM	1:26 PM
Opstad ES	9:05 AM			3:26 PM	9:05 AM	1:26 PM
Snoqualmie ES	9:05 AM			3:26 PM	9:05 AM	1:26 PM
Chief Kanim MS	7:40 AM			2:34 PM	7:40 AM	12:34 PM
Twin Falls MS	7:40 AM			2:34 PM	7:40 AM	12:34 PM
Two Rivers MS	9:00 AM			3:00 PM	9:00 AM	1:00 PM
Mount Si HS	7:40 AM			2:19 PM	7:40 AM	12:19 PM
Mount Si HS FC	7:40 AM			2:19 PM	7:40 AM	12:19 PM

Local trends in later high school start and dismissal times

- Bellevue – (60 minute roll to 8:30 AM)
- Edmonds* (considering a 25 minute roll to 7:45 AM)
- Issaquah - (30 minute roll to 8:00 AM)
- Highline* -(still under stud)
- Lake Washington* - (still under study)
- Mercer Island** -(stayed with 8:00 AM start time)
- Northshore – (25 minute roll to 7:45 AM)
- Riverview – (15 minutes roll to 7:35 AM)
- Seattle – (9:00 AM)

*In study process to shift to later starts

**Mercer Island changed from early release Wednesday to late start Wednesday

The average start time of 39,700 middle/high schools in the United States is 8:03 a.m. (CDC Study in 2012)

Area Start Time Comparisons

District		Elementary School	Middle School	High School	
Bellevue (2016-17)	Start Time	8:05 - 9:05 a.m.	7:45 – 8:38 a.m.	8:30 a.m.	Wednesday Early Dismissal
	Dismiss Time	2:30 – 3:30 p.m.	2:35 – 3:30 p.m.	3:30 p.m. (Metro)	
Issaquah (2017-18)	Start Time	8:55 - 9:10 a.m.	8:10 a.m.	8:00 a.m.	Wednesday Late Arrival
	Dismiss Time	3:20 – 3:35 p.m.	2:35 p.m.	2:52 p.m.	
Northshore (2017-18)	Start Time	9:05 - 9:35 a.m.	8:25 a.m.	7:45 - 8:00 a.m.	Wednesday Early Dismissal
	Dismiss Time	3:25 – 4:05 p.m.	3:00 p.m.	2:20 - 2:30 p.m.	
Mercer Island (2017-18)	Start Time	9:15 a.m.	8:25 a.m.	8:00 a.m.	Wednesday Late Arrival
	Dismiss Time	3:45 p.m.	2:50 p.m.	3:00 p.m. (Metro)	
Snoqualmie Valley (2017-18)	Start Time	8:35 - 9:05 a.m.	7:40 a.m.	7:40 a.m.	Friday Early Dismissal
	Dismiss Time	2:56 – 3:26 p.m.	2:34 p.m.	2:19 p.m.	

Small Group Activity-

- What are your “noticings and wonderings” related to area schools schedule changes? Please record on the back of your agenda.

Wrap Up

- Please leave your Noticings and Wonderings and we will collect them all
- Next Meeting: September 28