

## Sample: 7 Period Alter. Block Schedule A/B (3 days/week)

A WEEK					B WEEK						
Mon A	Tues B	Wed A	Thurs B	Fri A	Mon B	Tues A	Wed B	Thurs A	Fri B		
1	1	5	1		1	5	1	5			
2		Advisory + Activity		1	2	Advisory + Activity		Advisory + Activity	1		
3	2		2	2	3		3		3		
4					3		4			4	4
5	3		6	3	4		5		6	3	6
6				5	6				6		
7	4	7	4	6	7	7	4	7	7		
				E. R.					E. R.		

- Classes meet 7 times over 10 day period
- 1 credit = ~131 hours

E.R. = Early Release

## Schedule Details

### 7 Period Alternating Block (block 3 times per week )

- Advisory once per week-on “A” week and two times per week on “B” week
- 3 days – block schedule
  - Tuesday/Wednesday/Thursday Block Days
- 7 classes two times per week
- Monday and Friday 7 periods
  - Teach 5 of 7 classes
  - Additional prep/open minutes may be used for:
    - *“Office hours,” training for Advisory, Collaboration, SIP planning, Building/department focus areas, Interdisciplinary Teams*
- *In an alternating or modified block schedule, on the day(s) of the week that only three classes are held, an exciting opportunity exists to offer a shortened activity period, one or two days per week. This time might resemble the current “Pride Time” or could be used for assemblies, to minimize impact on instructional minutes in regular classes. During this time, students can get help with classwork, do homework, take test corrections, take surveys, participate in projects or clubs and/or connect with teachers, counselors and peers*