

7 Period Alter. Block Schedule (4 days/week)							
SAMPLE 7 Period Day, 1-7- Early Release Friday (Friday's)							
	Start	End	Minutes				
Period 1	7:40	8:11	31				
Period 2	8:16	8:47	31				
Period 3	8:52	9:23	31				
Period 4	9:28	9:59	31				
Period 5	10:04	10:35	31		Start	End	Minutes
1st 6th Period	10:40	11:11	31	A Lunch	10:35	11:05	30
2nd 6th Period	11:10	11:41		B Lunch	11:11	11:41	30
Period 7	11:46	12:19	33				
SAMPLE 7 Period Alt Block -4 period Block Day (Monday and Wednesday)							
	Start	End	Minutes				
Period 1	7:40	9:09	89				
Period 2	9:14	10:43	89		Start	End	Minutes
1st 3rd Period	10:48	12:17	89	A Lunch	10:43	11:13	30
2nd 3rd Period	11:18	12:47		B Lunch	12:17	12:47	30
Period 4	12:52	2:19	86				
SAMPLE 7 Period Alt Block -3 period Block Day w/Advisory and Activity Period (Tuesday and Thursday)							
	Start	End	Minutes				
Period 5	7:40	9:10	90				
Advisory	9:15	10:05	50		Start	End	Minutes
1st 6th Period	10:10	11:40	90	A Lunch (w/Power Hour)	10:05	11:00	60
2nd 6th Period	11:10	12:40		B Lunch (w/Power hour)	11:40	12:40	60
Period 7	12:45	2:19	94				