

THE POWER OF POSITIVE

*Keep your **thoughts** positive
because your **thoughts** become
your **words**. Keep your **words**
positive because your **words**
become your **behavior**. Keep
your **behavior** positive because
your **behavior** becomes your
habits. Keep your **habits**
positive because your **habits**
become your **values**. Keep your
values positive because
your **values** become your
destiny.*

- Mahatma Gandhi

PBIS
POSITIVE BEHAVIORAL
INTERVENTIONS & SUPPORTS

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For more information and ideas
on supporting positive behavior
at home, visit:

[http://
www.parentcenterhub.org/
behavior-at-home/](http://www.parentcenterhub.org/behavior-at-home/)

NORTH BEND ELEMENTARY



**PBIS at
North Bend
Elementary**

**Be Safe
Be Respectful
Be Responsible**

NORTH BEND ELEMENTARY



Positive Behavior Interventions and Supports (PBIS)

What is it?

PBIS is a systemic school-wide approach that focuses on encouraging positive behavior through prevention rather than punishment. Students learn about behavior, just like they do math or reading. SVSD has adopted PBIS as a district-wide K-12 initiative.

PBIS operates on three levels: a universal level that affects all students, a targeted intervention level to support those who need a little more help in learning how to manage their behavior; and an intensive level for students who require intensive individualized services and supports.

Why PBIS?

PBIS builds a school environment that is

- Predictable
- Positive
- Safe
- Consistent

Several studies have found PBIS increases time students spend in instruction, improves academic outcomes and decreases discipline problems.

BEHAVIOR EXPECTATIONS

At NBE, Panthers learn the three school-wide behavior expectations—Be Safe, Be Respectful, Be Responsible. Teachers and students use common language to support the behaviors that help our students do their best learning everyday. Posters throughout the school remind students of how to display these behavior expectations in specific locations, such as in the hallway, bathroom, cafeteria, and playground. Teachers build on the school-wide expectations to develop classroom-specific expectations.

PANTHER PRIDE TICKETS

When students display school-wide expected behaviors, staff reinforce these behaviors with Panther Pride tickets. Any student can earn a red Panther Pride ticket from any staff member. Students place the tickets they earn into grade level baskets. Each Friday, tickets are drawn and two students in each grade win a prize, including occasional lunches with NBE staff members and local police officers! Students also work collectively as a whole school to earn a targeted number of Panther Pride tickets for a school-wide party. Students get to vote for their party of choice, ranging from ice-cream parties to pajama parties, or even extra time at recess! Panther Pride tickets help encourage students to display our school-wide expected behaviors consistently so they become an everyday part of our school culture.

Panther Pride Ticket

Thank you for being...
(circle one)



Safe
Respectful
Responsible



THINK TIME SHEETS

At NBE we focus on proactively encouraging positive behaviors. However, students will still sometimes display unexpected behaviors. When they do, teachers and staff provide 3 verbal redirections, reteaching and reminding students about expected behaviors. When these verbal reminders are insufficient to redirect a student's behavior, teachers will give students a Think Time sheet to help them reflect on their unexpected behavior, what they could have done differently, and how they will make different choices next time. Filling out the Think Time sheet is a learning and processing opportunity for students and is not meant as a punishment. The Think Time system is used both in the classroom (all grades) and on the playground at recess (3rd-5th grade). Think Time sheets are sent home to keep families informed about any incidents that happened in school. Families should sign the Think Time sheet and send them back to school the next day. You are encouraged to discuss the Think Time sheet with your child, to allow them another opportunity to reflect on their choices and verbalize how they can work on being safe, respectful, and responsible in school.

Student Name		 Grades K-2 Think Time		Date
 Stop and Think		 Reflect		 Student-Adult Debrief
How do I feel?	What unexpected behavior did I display? I was not...	Draw or write what happened.	What could I have done differently?	How I will be: Safe Respectful Responsible By...
  	Safe Respectful Responsible			Teacher comments:
Student signature	Teacher signature	Parent signature		