




WHAT DO YOU DO IF YOU HAVE A WORKPLACE ACCIDENT, INJURY, OR ILLNESS?



Puget Sound Workers' Compensation Trust is here to help you.

-  1 Report the incident to your supervisor and get medical attention if needed. Be sure to provide a detailed description of what happened. **In the event of a life threatening injury, call 911.**
-  2 Go online to **pswct.org** to report the incident. Completing this online form will generate an Accident/Incident Report that will be sent to your supervisor so an accident investigation can be conducted, if necessary.
-  3 If you indicated that you have sought, or intend to seek, medical care on this form, a claim for workers' compensation benefits will be established for you. You can expect to hear from **PSWCT** staff within 3 business days.

Have questions? Call or email us!

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