



This month  
we're celebrating  
**whole  
grains**



## Snoqualmie Valley Elementary Menu

March 2019

This institution is an equal opportunity provider.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Natl. School Breakfast Week</b> 4 <b>1: Chicken Nuggets w/Bread Stick</b> <b>2: Bean &amp; Cheese Burrito</b> <b>3: Muffin Fun Lunch</b> Potato Wedges Broccoli Buds Baked Beans Fresh & Canned Fruit <i>Fruit Parfait</i>	5 <b>1: Soft Beef Taco</b> <b>2: Meatball Sub</b> <b>3: Garden Chef Salad w/ Roll</b> Golden Corn Mini Carrots Garbanzo Beans Fresh & Canned Fruit <i>Overnight Apple Pie Oatmeal</i>	6 <b>1: Waffles w/ Sausage Links</b> <b>2: Ham, Egg &amp; Cheese Muffin</b> <b>3: Breakfast Wrap (V)</b> Red Pepper Strips/Celery Sticks Cinnamon Graham Cracker Fresh & Canned Fruit <i>Smoothie</i>	<b>National Cereal Day</b> 7 <b>1: Sweet &amp; Sour Chicken</b> <b>2: Teriyaki Dippers w/ Rice &amp; Roll</b> <b>3: Cereal Fun Lunch</b> Roasted Cauliflower Cucumber Coins Fresh & Canned Fruit <i>Ham, Egg, Cheese Waffle Sandwich</i>	8 <b>1: Pepperoni Pizza</b> <b>2: Cheese Pizza (V)</b> (both on whole grain crust) <b>3: Fish Sandwich</b> Green Beans/Mini Carrots Gold Fish Crackers Fresh & Canned Fruit <i>Warm Cinnamon Roll</i>
<b>Nat'l Eat your Noodles Day</b> 11 <b>1: Baked Ziti w/ Roll</b> <b>2: Mini Corn Dogs</b> <b>3: Bagel Fun Lunch</b> Mini Carrots Broccoli Fresh & Canned Fruit <i>Sausage Muffin</i>	12 <b>1: Cheese Burger</b> <b>2: Mini Ravioli</b> <b>3: Tuna Hoagie</b> Oven Potatoes Peas and Carrots Garbanzo Beans/ Pumpkin Bar Fresh & Canned Fruit <i>Breakfast Wrap</i>	13 <b>1: WG French Toast w/ Sausage Links</b> <b>2: Pancake on a Stick</b> <b>3: Uncrustable PB&amp;J</b> Fresh Cucumbers Radishes Fresh & Canned Fruit <i>Smoothie</i>	<b>Nat'l Fresh Celery Month</b> 14 <b>1: Roasted Turkey Mashed Potatoes &amp; Gravy/Roll</b> <b>2: Grilled Chicken Sandwich</b> <b>3: Chef Salad w/Bread Stick</b> Corn/Fresh Celery Sticks Fresh & Canned Fruit <i>French Toast</i>	<b>Cookie Day!</b> 15 <b>1: Sausage Pizza</b> <b>2: Cheese Pizza (V)</b> (both on whole grain crust) <b>3: Fish Sandwich</b> Green Beans/Sugar Cookie Romaine and Spinach Salad Fresh & Canned Fruit <i>Warm Cinnamon Roll</i>
18 <b>1: Creamy Macaroni &amp; Cheese w/ Whole Grain Roll</b> <b>2: Chicken Burger</b> <b>3: Pretzel Fun Lunch</b> Mini Carrots Golden Corn Fresh & Canned Fruit <i>Sausage Muffin</i>	19 <b>1: Chicken Pot Pie</b> <b>2: Turkey Sandwich Hoagie</b> <b>3: Chicken Caesar Salad w/ Biscuit</b> Roasted Carrot Fries Fresh Cauliflower Fresh & Canned Fruit <i>Fruit Parfait</i>	20 <b>1: Pancakes</b> <b>2: Omelet w/ Biscuit w/ Sausage Links</b> <b>3: Uncrustable PB&amp;J</b> Cucumber and Celery Sticks Blueberry Topping Fresh & Canned Fruit <i>Smoothie</i>	21 <b>1: Toasted Cheese Sandwich</b> <b>2: BBQ Rib Sandwich</b> <b>3: Cereal Fun Lunch</b> Tomato Soup Broccoli Garbanzo Beans Fresh & Canned Fruit <i>Pancakes</i>	22 <b>1: Pepperoni Pizza</b> <b>2: Cheese Pizza (V)</b> (both on whole grain crust) <b>3: Fish Nuggets w/ Fries &amp; Roll</b> Green Beans Mini Carrots Fresh & Canned Fruit <i>Warm Cinnamon Roll</i>
25 <b>1: Mandarin Chicken</b> <b>2: Teriyaki Dippers w/ Rice</b> <b>3: Bagel Fun Lunch (V)</b> Glazed Carrots Garbanzo Beans Fresh & Canned Fruit <i>Muffin w/ Yogurt</i>	26 <b>1: Beef Macho Nachos</b> <b>2: Cheese Nachos (V)</b> <b>Whole Grain Rice</b> <b>3: Uncrustable PB&amp;J</b> Refried Beans Mini Carrots Fresh & Canned Fruit <i>Overnight Apple Pie Oatmeal</i>	27 <b>1: WG French Toast w/ Sausage Links</b> <b>2: Sausage, Egg &amp; Cheese Muffin</b> <b>3: Breakfast Wrap (V)</b> Red Pepper Strips/Celery Sticks Fresh & Canned Fruit <i>Smoothie</i>	28 <b>1: Spaghetti w/ Meatballs w/ Herb Bread Stick</b> <b>2: Cheese Burger</b> <b>3: Pretzel Fun Lunch</b> Seasoned Green Beans Mini Carrots Fresh & Canned Fruit <i>French Toast</i>	29 <b>1: Pepperoni Pizza</b> <b>2: Cheese Pizza (V)</b> (both on whole grain crust) <b>3: Fish Sandwich</b> Golden Corn Romaine and Spinach Salad Fresh & Canned Fruit <i>Warm Cinnamon Roll</i>

**Breakfast Prices:** \$1.75 Paid, \$0.00 Reduced\*, \$0.00 Free\*, Adults \$2.25  
**Lunch Prices:** \$3.25 Paid, \$0.00 = K-3, \$0.40 = 4-12 Reduced\*, \$0.00 Free\*, Adults \$4.00  
 Milk = \$0.40



\*You may qualify for free or reduced price meals. Applications are available at all schools and the district office. For questions regarding the food service program you can call the food service office at 425-831-8030.

