



Return to School/Work Flow Chart

KEY:  Is a close contact;  Tested Positive for COVID-19;  Has Symptom(s)

<ul style="list-style-type: none"> > NO symptoms > NO COVID-19 diagnosis > NO close contact of someone with COVID-19 	<ul style="list-style-type: none"> > ONLY ONE short-term symptom¹ of fatigue, headache, muscle pain/body ache, sore throat, congestion/runny nose, nausea/vomiting or diarrhea > Symptoms lasted less than 24 hours > NO close contact of someone with COVID-19 	<ul style="list-style-type: none"> > NO symptoms > Tested NEGATIVE, awaiting test results or HAS NOT BEEN tested > Close contact of someone with COVID-19 	<ul style="list-style-type: none"> > NO symptoms > Tested POSITIVE for COVID-19 	<ul style="list-style-type: none"> > ONE or MORE symptoms for any duration > Tested NEGATIVE for COVID-19 or given alternative diagnosis > NO close contact of someone with COVID-19 	<ul style="list-style-type: none"> > ONE or MORE symptoms for any duration > Tested POSITIVE, awaiting test results or HAS NOT BEEN TESTED > NO close contact of someone with COVID-19  	<ul style="list-style-type: none"> > ONE or MORE symptoms for any duration > Tested NEGATIVE awaiting test results or HAS NOT BEEN TESTED > close contact of someone with COVID-19  
↓ CAN go to school	↓ CANNOT go to school	↓ CANNOT go to school except <i>Test to Stay</i> ⁴	↓ CANNOT go to school	↓ CANNOT go to school	↓ CANNOT go to school	↓ CANNOT go to school
	<p>Can return to building next school day IF symptom resolved, lasted less than 24 hours AND no other symptoms developed.</p>	<p>Can return to building</p> <ul style="list-style-type: none"> > 7 days AFTER the last date of close contact² IF receives a negative test result after day 5 AND did not develop symptoms <p>OR</p> <ul style="list-style-type: none"> > 10 days AFTER the last date of close contact² without a test AND did not develop symptoms > 14 days after the last date of close contact may be recommended in certain situations as the safest choice. 	<p>Can return to building after isolating for 10 days since the date of the positive test collection.</p>	<p>Can return to building after 24 hours have passed since fever resolved (without medication)</p> <p>AND symptoms have improved</p> <p>OR if alternative diagnosis by a health care provider.</p> <p>⁵SVSD pre-COVID stay home guidelines still apply, including containable secretions (see below).</p>	<p>Can return to building 10 days after symptoms started</p> <p>AND at least 24 hours have passed since fever resolved (without medication)</p> <p>AND symptoms have improved.</p> <p>If one short-term symptom and no positive COVID-19 test, see column 2.</p>	<p>Can return to building after:</p> <ul style="list-style-type: none"> > 7 days AFTER the last date of close contact² IF receives a negative test³ result (PCR recommended) after day 5 AND symptoms improved. <p>OR</p> <ul style="list-style-type: none"> > 14 days AFTER the last date of close contact² without a test AND symptoms improved.
<p>Fully vaccinated people (2 weeks after last vaccination dose) should also follow the symptom flowchart.</p>	<p>Fully vaccinated people (2 weeks after last vaccination dose) do not need to quarantine after COVID-19 exposure. Watch for symptoms for 14 days. If symptoms develop, follow flowchart</p>	<p>Fully vaccinated people (2 weeks after last vaccination dose) should also follow the symptom flowchart.</p>	<p>Fully vaccinated people (2 weeks after last vaccination dose) should also follow the symptom flowchart.</p>	<p>Fully vaccinated people (2 weeks after last vaccination dose) should also follow the symptom flowchart.</p>	<p>Fully vaccinated people (2 weeks after last vaccination dose) should also follow the symptom flowchart.</p>	<p>Fully vaccinated people (2 weeks after last vaccination dose) should also follow the symptom flowchart.</p>

COVID-19 Symptoms

- > Fever (100.4 F / 38C or higher)
- > Cough
- > Loss of taste or smell
- > Chills
- > Shortness of breath or difficulty breathing
- > fatigue

- > Headache
- > Muscle pain or body aches
- > Sore throat
- > Congestion or runny nose
- > Nausea or vomiting
- > Diarrhea

¹A **short-term symptom** is defined as: A person has only ONE of the following symptoms (fatigue, headache, muscle pain or body aches, sore throat, congestion or runny nose, nausea or vomiting or diarrhea) AND the symptoms begins and resolves in less than 24 hours AND no known COVID-19 exposure (close contact). A person can return to school the next day if the short-term symptom resolves. A COVID-19 test is not required.

Positive COVID-19

Infectious period for COVID -19

A person with COVID-19 is infectious (can give the virus to someone else) from **2 days BEFORE** symptoms started and lasts until **10 days AFTER** symptoms started. If the positive individual does not have symptoms, the date the positive test was administered is used as the symptom start date.

³PCR test

The PCR test provides more accurate results than rapid tests. When individuals are symptomatic and have had an exposure, a negative rapid test may not be accurate and should be confirmed by PCR.

Close Contact Definition

“Close Contact” includes anyone in one or more of the following categories:

- > Generally, was within 6 feet of a person with COVID-19 for a combined total of 15 minutes or more within a 24 hour period.
- > In a K-12 indoor classroom, close contact excludes students who were at least 3 feet away from an infected student if both masked. This exception does not apply to teachers, staff or other adults in the indoor classroom setting.
- > Lives in the same household as a person with COVID-19.
- > Cared for a person with COVID-19.
- > Been in direct contact with saliva or other body secretions from a person with COVID-19 (for example: been coughed on, kissed, shared utensils, etc).

This contact would also need to have occurred DURING the COVID-19 positive individual's infectious period. Public health can help with identifying who would be considered a true close contact for quarantine purposes.

²Understanding “Last date of close contact”:

When living in the same household as a person with COVID-19, the quarantine period for the exposed person is dependent on the infectious period of their close contact. Quarantine begins immediately for the exposed individual but extends for the days listed on the above flowchart **BEYOND the FINAL** COVID positive household member's infectious period.

⁴Test to Stay

DOH Test to Stay Program allows for a modified quarantine for unvaccinated students identified as K-12 close contacts of COVID-19 cases to reduce exclusion from in-person instruction. Students exposed AT school may continue to attend classes IF tested twice at designated intervals during 7 days of quarantine, are asymptomatic, wear a mask and do not participate in ANY other activities. This does not apply to staff and/or those exposed outside school.

⁵SVSD Non-COVID Stay Home Guidelines

If there is any question about the health status of your child, please make arrangements to keep them at home. This preventive step benefits your child and our entire school community.

Specific symptoms for which **test confirmed non-COVID students should remain home for are:**

- > **Fever:** A child who has had a fever of 100F or over, should stay home for at least 24 hours after the fever has passed without the use of fever-reducing medication.
- > **Vomiting:** students who have vomited should remain home for at least 12-24 hours from the last episode and have been hungry for and kept down 2 normal meals.
- > **Diarrhea:** Students who have loose/liquid stool should remain home until normal bowel patterns return.
- > **Secretions:** Children with significant runny noses and/or profuse cough need to remain home until the secretions have diminished to a controllable/containable level (i.e. student is not wetting through their mask and/or needing to drop it frequently to blow/wipe nose or cough).
- > **General aches/pains:** if your child has any physical discomforts (i.e. stomach ache, headache, sore throat, etc.) carefully assess your child. They should stay home if they are too uncomfortable to be able to concentrate in class.

This is a brief sampling of common reasons students should be kept home. There are many more contagious conditions which would merit exclusion. Please use caution when assessing your child's health status in the morning and do not send them if you are uncertain of what is going on with them. If your child is diagnosed by a licensed health care practitioner with a contagious condition and has been at school, please notify your school for tracking purposes and taking any needed action.