














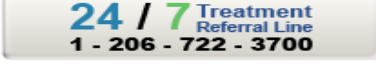




BEHAVIORAL HEALTH RESOURCES

Bullying	Mental Health	Substance Abuse
 www.stopbullying.gov/	 www.mentalhealth.gov/	 Tips & Toolkits Practice module www.samhsa.gov/
 FREE Phone App for Parents Google Play or Apple app store	 24/7 - Help, Info, Chat	 Teen Brain - http://nih.gov/
 Cyberbullying <ul style="list-style-type: none"> ▪ Netsmartz ▪ Parent Control - Android & Apple 	 Suicide Prevention YSP <ul style="list-style-type: none"> ▪ Resources ▪ Training / Curriculum 	 http://www.drugfree.org/
 Info on all 3 topics - SAMHSA	 NAMI Greater Seattle Mental Health Support	 Family Checkup Parenting Tips & More www.drugabuse.gov/
 1.866.789.1511 <hr/>  Disaster Distress Helpline 1-800-985-5990 Text TalkWithUs to 66746	 Helping Lives On the Edge  24 / 7 Treatment Referral Line 1 - 206 - 722 - 3700 24-HOUR CRISIS LINE: 866-427-4747 TEEN LINK: 866-833-6546 6-10pm	TXT 4 Help Shelter for Teens  <hr/>  BEHAVIORAL HEALTH TREATMENT LOCATOR

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LOCAL RESOURCES FOR YOUTH AND FAMILIES

Friends of Youth – 425-392-6367
 Encompass – 425-888-2777
 SAMA – 206-328-1719
 AA – 206-722-3700

Changes Parent Network – 1-888-468-2620
 Sound Mental Health – 425-653-4900
 Raging River – 425-831-5425
 NA – 206-722-3700



Snoqualmie Valley Schools



MSHS PTSA Council

Snoqualmie Valley PTSA Council



SNOQUALMIE VALLEY COMMUNITY NETWORK