

## P.E Golf Test Study Guide

1. Know the parts of the golf club:

Shaft	Grip	Sole
Club head	Heel	Hosel
Toe	Face	

2. Know where the hole starts and finishes:

Starts on the teeing ground.

Ends on the green.

3. Know how many holes is a “round of golf”

18 holes

4. Know in a stance, where your weight should be.

Even on both feet

5. During the swing your head should not move at all or move very little

6. At the top of a backswing and in the finishes position your back should be facing.

The target

7. How wide should your feet be in the stance?

Shoulder width

8. Know the different types of grips:

Ten-finger/ baseball

Overlap

Interlock

9. What club do you use on the green?

Putter

10. Know how many different pars are on a golf course and be able to name them.

Par 4- 4 shots

Par 3- 3 shots

Par 5-5 shots

11. Know the objective of golf:

Get the ball in the hole in the least amount of strokes possible.

12. Know what etiquette is and give three examples:

How to behave on the golf course.

Fill in divots

Rake the sand pit

Pick up trash

Yell “fore” if the ball is coming towards someone else

13. Know what weight transfer is:

When your weight transfers away from the target then back to the target.

14. Know three golf courses in Snoqualmie Valley

Snoq-Falls

Twin Rivers

Tall Chief

Mount Si

Cascade

Snoqualmie Ridge

Alderra

Willows

TPC (Snoqualmie Ridge)

If your shot goes in a strayed direction and con possibly hit someone, what is the word you use to warn them? “Fore”

What is etiquette: How you behave on the golf course (Manners?)

Look up what do each of these terms mean in relation to golf?

Eagle:

Birdie:

Bogy